

# Managers Psychosocial Safety

## Professional Development Series

### ► COURSE OVERVIEW

In today's workplace, ensuring psychosocial safety is essential for fostering a healthy, productive environment.

Our online course, designed specifically for managers and leaders, equips you with the knowledge and skills to promote psychosocial well-being within your team. By addressing mental health, preventing workplace stress, and creating a supportive culture, you can significantly enhance employee satisfaction and performance.

#### Key Takeaways:

1. Learn to identify and assess psychosocial risks in the workplace. Gain insights into the factors that contribute to stress, anxiety, and burnout, and understand their impact on employee well-being and productivity.
2. Discover effective strategies to support mental health in the workplace. Develop skills to create an inclusive, empathetic environment where employees feel safe discussing their mental health concerns and accessing necessary resources.
3. Explore techniques to drive a supportive and resilient work culture. Learn how to implement policies and practices that prioritise employee well-being, encourage work-life balance, and promote positive interpersonal relationships.

Become a proactive leader in promoting psychosocial safety and well-being, and enrol today and create a workplace where everyone thrives.

Delivery Mode:	Online
Course Time:	1.0 hour
Assessment:	Yes, online quiz
Issuance:	'Certificate of Completion'
Packages:	Bronze, Silver, Gold or Platinum
Customisation:	Available upon request. Fees apply



### PRICING

**\$125.00**  
(+GST)

