

Time Management Smarter not Harder

Professional Development Series

COURSE OVERVIEW

Efficient time management is crucial for productivity and job satisfaction.

Our online course on the fundamentals of time management in the workplace teaches you how to work smarter, not harder. Learn techniques to prioritize tasks, streamline your workflow, and make the most of your time to achieve better work-life balance and increased productivity.

Key Takeaways:

- 1. Understand how to prioritize your tasks effectively. Learn methods such as the Eisenhower Matrix and the ABCDE method to identify urgent and important tasks, ensuring you focus on what truly matters.
- 2. Discover strategies to streamline your workflow and eliminate time-wasting activities. Learn about time-blocking, batching similar tasks, and using productivity tools to optimise your daily schedule and improve efficiency.
- 3. Gain insights into balancing your professional and personal life. Learn how to set boundaries, delegate tasks, and manage your time to reduce stress and enhance your overall well-being.

Master the art of time management and transform your approach to work. Enrol today and start working smarter for a more productive and balanced life.

www.blueappleseducation.com.au

Delivery Mode: Course Time: Assessment: Issuance: Packages: Customisation:	Online 0.5 hour Yes, online quiz 'Certificate of Completion' Bronze, Silver, Gold or Platinum Available upon request. Fees apply	CPD Points	PRICING \$55.00 (+GST)
	 +61 7 5537 7881 admin@blueappleseducation.com.au 	BLUE APPLES	

FDUCATION

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write 170 word introduction for an online course flyer which covers the fundamentals of Time Management in the workplace by working smarter not harder; include 3 key bullet points.