

CPR

Awareness Workshop

Training Workshop Series



COURSE OVERVIEW

Our Cardiopulmonary Resuscitation (CPR) Refresher course is an essential tool for refreshing vital lifesaving skills. While it is not a nationally accredited course, it is specifically designed to reinforce the CPR techniques of workers in the workplace and individuals or families seeking to create a safer home environment.

This course ensures you remain confident and competent in emergency situations, providing you with the knowledge and skills necessary to save lives.

Key Benefits:

- *Skill Reinforcement:* Update and reinforce your CPR techniques to ensure you are prepared to respond effectively in emergency situations.
- *Practical Application:* Learn practical CPR skills that can be immediately applied to real-life scenarios, improving the chances of positive outcomes in critical moments.
- *Safety Assurance:* Promote a culture of safety and preparedness in your workplace or home, ensuring that you and your loved ones are ready to act in case of a cardiac emergency.

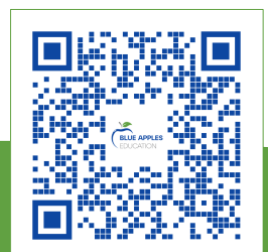
Take action now to refresh your CPR skills and enhance your readiness to respond to emergencies. Enrol in our CPR Refresher course today and make a difference in your workplace or home.

Delivery Mode:	Blended Solution (Online/Workshop)
Course Time:	1.0 hour Workshop
Assessment:	Yes, online quiz
Issuance:	'Certificate of Completion'
Packages:	Bronze, Silver, Gold or Platinum
Customisation:	Available upon request. Fees apply
Accredited:	No



PRICING

\$55.00
(+GST)



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write 170 word introduction for an online course flyer which covers the fundamentals of Problem-Solving focusing on sharpening your skills to deal with challenges. Topics could include divergent and convergent thinking, the benefits and risks of using heuristics in problem-solving, how to re-frame problems to find creative solutions, and how to use design thinking to take a human-centred approach to solving complicated problems; include 3 key bullet points.