

## Managers Psychosocial Safety





In today's workplace, ensuring psychosocial safety is essential for fostering a healthy, productive environment.

Our online course, designed specifically for managers and leaders, equips you with the knowledge and skills to promote psychosocial well-being within your team. By addressing mental health, preventing workplace stress, and creating a supportive culture, you can significantly enhance employee satisfaction and performance.

## Key Takeaways:

- 1. Learn to identify and assess psychosocial risks in the workplace. Gain insights into the factors that contribute to stress, anxiety, and burnout, and understand their impact on employee well-being and productivity.
- Discover effective strategies to support mental health in the workplace. Develop skills to create an inclusive, empathetic environment where employees feel safe discussing their mental health concerns and accessing necessary resources.
- 3. Explore techniques to drive a supportive and resilient work culture. Learn how to implement policies and practices that prioritise employee well-being, encourage work-life balance, and promote positive interpersonal relationships.

Become a proactive leader in promoting psychosocial safety and well-being, and enrol today and create a workplace where everyone thrives.

Delivery Mode: Online

Course Time: 1.0 hour

Assessment: Yes, online quiz

Issuance: 'Certificate of Completion'

Packages: Bronze, Silver, Gold or Platinum

Customisation: Available upon request. Fees apply



**PRICING** 

\$125.00

(+GST)



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LGBTIQA+