

Manual Handling Awareness Workshop

Training Workshop Series

COURSE OVERVIEW

Our Manual Handling Awareness training workshop is designed to raise awareness about the dangers associated with manual handling tasks and equip employees with practical steps to minimise and control the risks.

This comprehensive online course focuses on educating participants about safe manual handling techniques, understanding the importance of ergonomics, and promoting a culture of safety within the workplace. By enrolling in this course, you will help your team reduce the risk of injury and improve overall workplace safety.

Key Takeaways

- 1. Learn about the common risks and hazards associated with manual handling tasks, including the potential for musculoskeletal injuries and long-term health issues.
- 2. Discover effective strategies and practical steps to minimise and control manual handling risks. This includes proper lifting techniques, the use of appropriate equipment, and the implementation of ergonomic principles.
- 3. Develop an understanding of how to foster a culture of safety within your organisation. Encourage employees to adopt safe manual handling practices and participate in ongoing safety training and initiatives.

Join our Manual Handling Awareness training workshop to ensure a safer and healthier workplace. Empower your team with the knowledge and skills they need to handle manual tasks safely and effectively.

Delivery Mode: Course Time: Assessment: Issuance:	Blended Solution (Online/Workshop) 1.5 hours Workshop Yes, online quiz 'Certificate of Completion'	CPD Points	PRICING \$90.00 (+GST)
Packages:	Bronze, Silver, Gold or Platinum		
Customisation:	Available upon request. Fees apply		
Accredited:	No		
			(EQUATION



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Version 1.0 dated 1 July 2024